

# The Beast Versatility Routine 1 - Short

*Approximately 1 hour 25 minutes (3/27/21):*

1. Book 1, pp. 2-3 - Waking the Beast #1 - alternate mouthpiece alone and full horn (5 mins)
2. Book 1, pp. 4-7 - Warm-Up/Set-Up Exercise #1 **or** #2 - *alternate mouthpiece alone and full horn* (8 mins)
3. Book 1, pp. 14-16 - Instant Response/Dynamic Control Exercise (4 minutes)
4. Book 1, pp. 24-32 - Spend 4 minutes on Controlled Slur Ex.'s #1, #2, #2 alt, and/or #3, or bits of each (4 mins)
5. Book 1, pp. 33-40 - Spend 4 minutes on Controlled Facility Ex.'s #1, #2, and/or #3, or bits of each (4 minutes)
6. Book 3, pp. 12-18 - Expanding Intervals #1 **or** #2 - *run through entire exercise, no repeats* (6 minutes)
7. Book 1, p. 48 - The Beast Etude #1 - *run through* (1 minute)
8. Play one of the Dynamic Focus Ex.'s: Bk 1, pp. 41-47, Bk 3, pp. 24-27 or pp. 28-32, or Bk 4, pp. 14-19 (5-8 mins)
9. Book 4, pp.20-32 - Marsteller Adv. Flex. Adapted for Tpt - **omit 2a-f, 4a-b, 5e-f, 6a-c, 7d-f, 8a, 9f** (15 mins)  
**PLAY A FEW PEDAL TONES AND REST 5 MINUTES**
10. Book 2, pp. 9-10 - Third Finger Drills - *work on a few for 6 minutes, tongued and slurred* (6 mins)
11. Book 2, pp. 20-32 - Double- & Triple-Tonguing Drills for 6 min. Vary speeds & dynamics (6 mins)
12. **Option a)**  
Book 2, p. 62 - The Beast Etude #2 - *run through* (2 minutes)  
**Option b)**  
Book 3, p. 47 - Beast Etude #3 - *run through* (2 minutes)  
**Option c)**  
Book 4, p. 56 - The Beast Etude #4 - *run through* (2 minutes)
13. Book 3, pp. 48-49 - Single-Tong. Endur. - Day One **or** Two (to extend range, add 7th at end of each line) (10 mins)
14. Book 4, pp. 3-4 - The Beast Pedal Tone Exercise - *play any four lines* (1 minute)